

CRAP I AM

BURN
ME!

Leaving in 2017



Here list all of the people, places, feelings, circumstances and situations you want to leave in 2017. SAFELY burn this list to release the negative energy from your experience and back into universal energy. *#Bye*

GEMS OF WISDOM THAT I *Learned from 2017*



Here list anything important you learned from your list one experiences (gems from the crap so you won't have to repeat the crap!) *Keep this list!*

GOOD THINGS THAT I AM

Creating in 2018



Here list all the amazing things you are committed to creating, and how you want to feel in all areas of your life in 2018. *Keep this list!*